[](http://www.google.co.uk/url?url=http://www.collaborationclipart.com/2012/05/my-neighbourhood.html&rct=j&frm=1&q=&esrc=s&sa=U&ei=o2IyVMjGOIbe7AarsoCQCQ&ved=0CBoQ9QEwAjigAQ&usg=AFQjCNGdxjj68AsXgcbX8zgJH3hhtrtPkQ)

I’m moving to a new school!!!

[](http://www.google.co.uk/url?url=http://blog.en.idealist.org/job-education-spotlight/&rct=j&frm=1&q=&esrc=s&sa=U&ei=mmQyVLndIbOM7AaFhoHoCQ&ved=0CBgQ9QEwAQ&usg=AFQjCNGuupJ_VSVhJ6ebxFQWUXkADDs88A)

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

This is my book about moving to

my next school

My school badge

I am at \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ primary school now.

My new school logo

In September I am going to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ school.

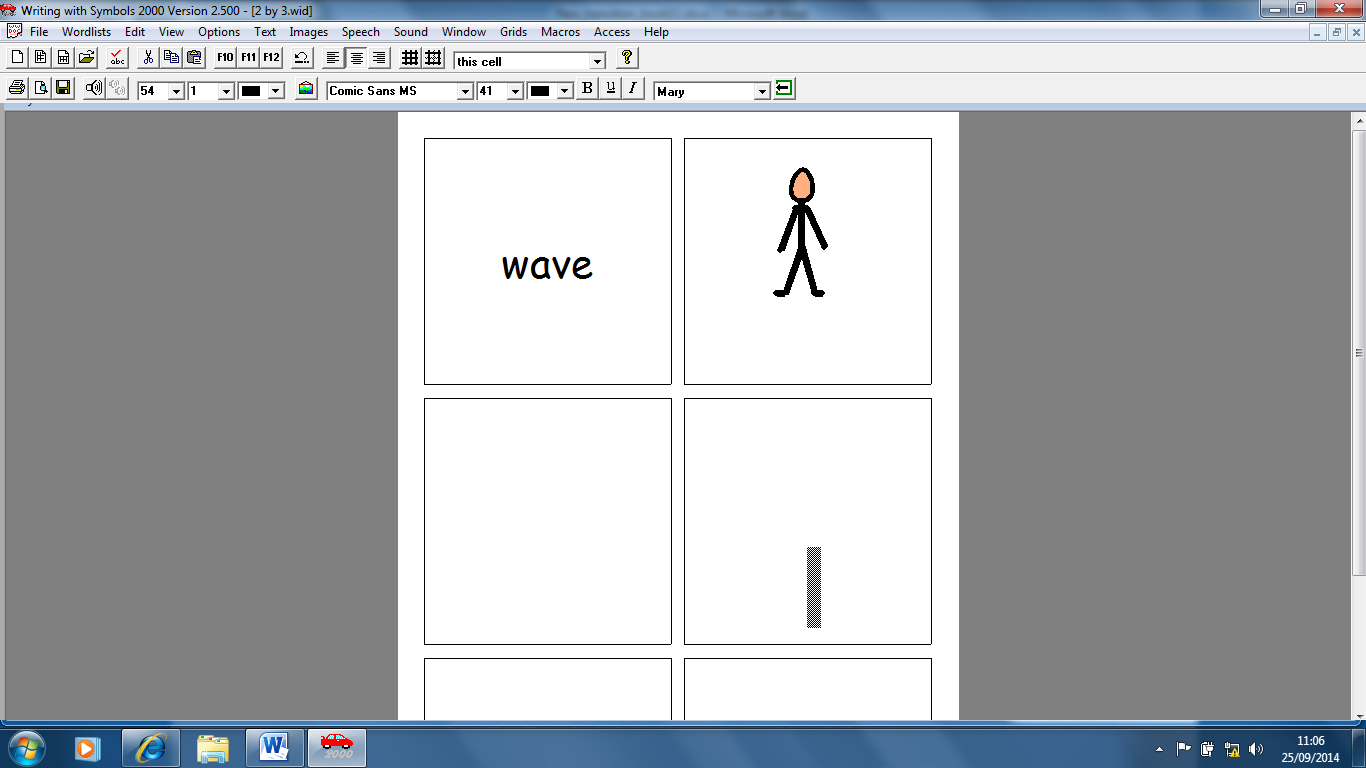
Three of my best memories of

primary school

Here are some suggestions …

My friends School trips Funny memories

Favourite teacher Favourite subject/topic



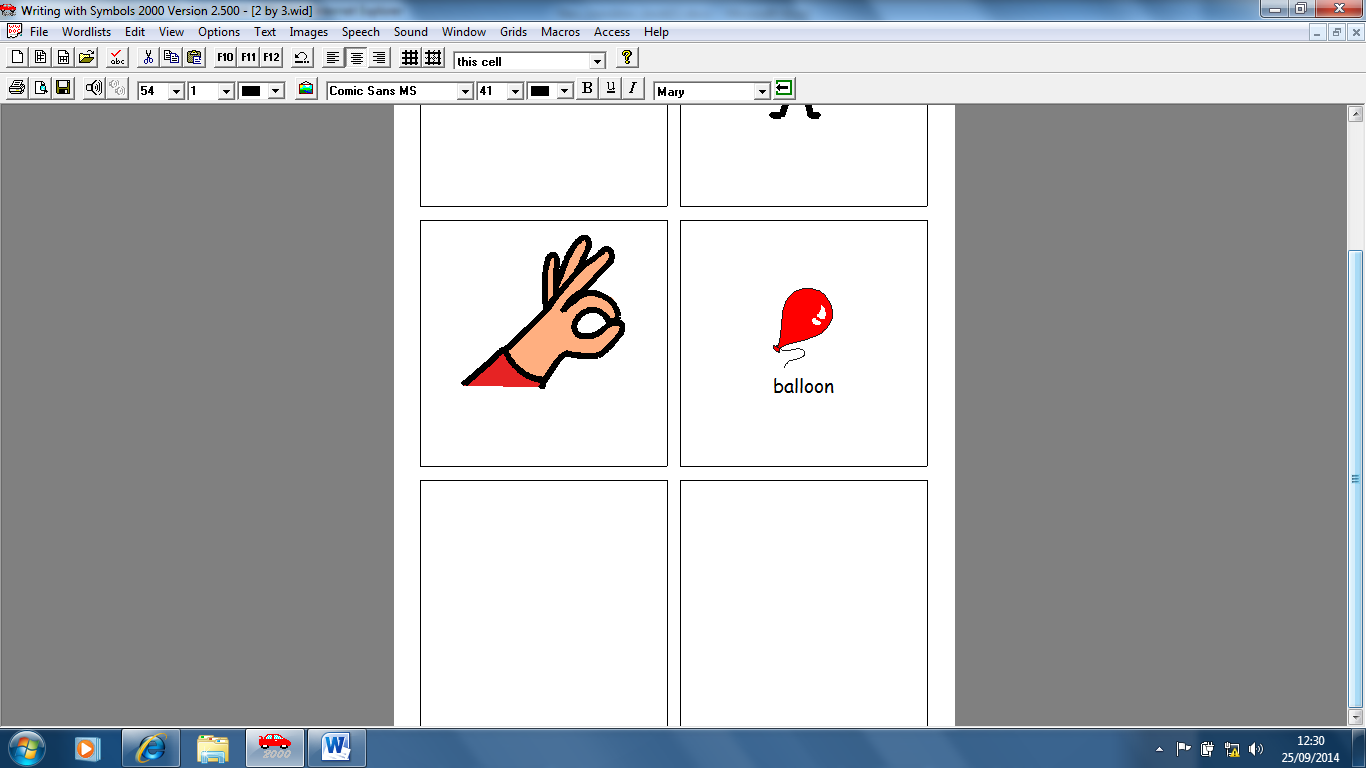
Use the ideas in the box and some of your own.

In primary school:

I was good at……….

1. [](http://www.google.co.uk/url?url=http://spyglassviewer.wordpress.com/2013/08/09/the-endless-debate-medical-vs-dental/&rct=j&frm=1&q=&esrc=s&sa=U&ei=WvsjVMiFDpXvaPLdgQg&ved=0CC4Q9QEwDA&usg=AFQjCNHx8Jmldd2ivh-mac-f-50DcngTeQ)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I was OK at…………

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

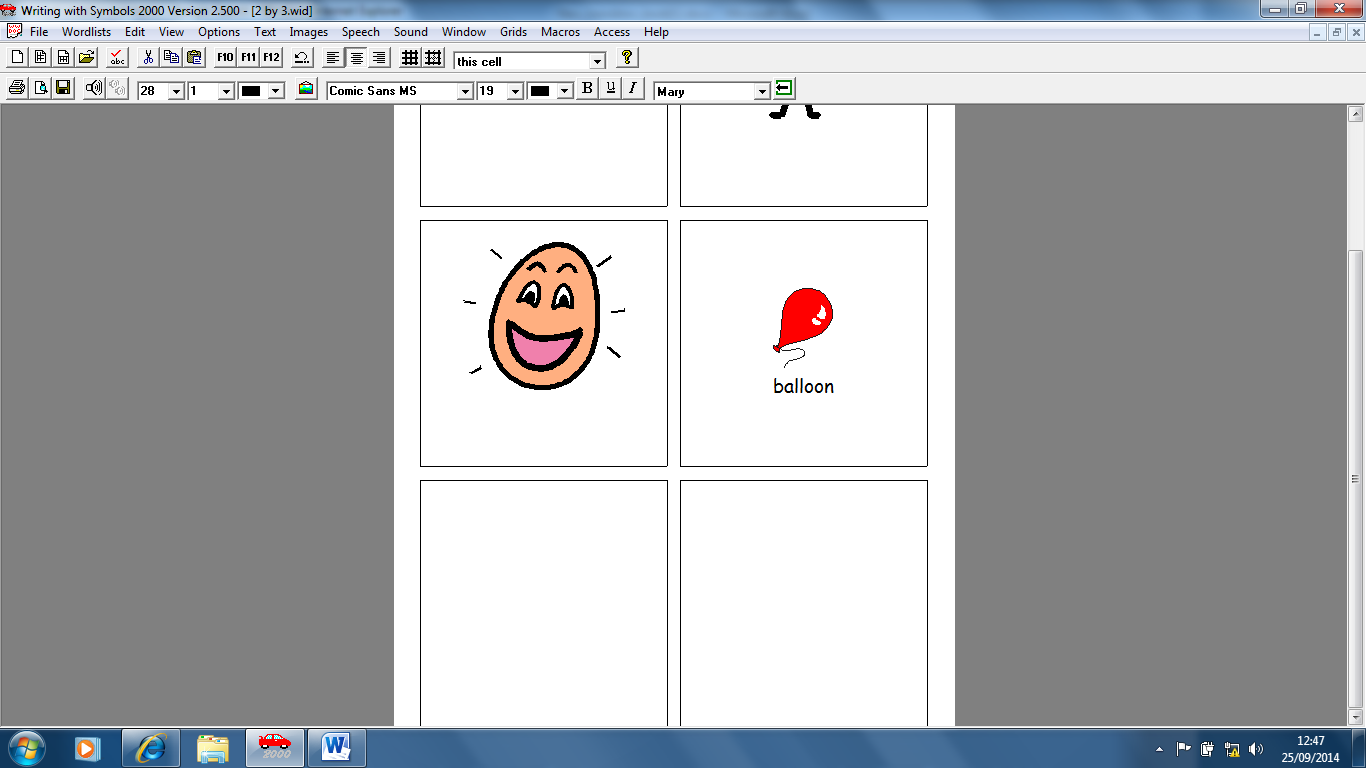
I needed more help with……….

1. [](http://www.google.co.uk/url?url=http://commons.wikimedia.org/wiki/File:Exclamation-mark.svg&rct=j&frm=1&q=&esrc=s&sa=U&ei=UP0jVJuZJdLfaIPvgdAD&ved=0CDQQ9QEwDw&usg=AFQjCNGGtkeIHBe4NnZHeD0yDuHUf2dgjA)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Art Maths Writing

Making friends Sport Listening

Three things I am looking forward to in my next school.

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Three things I might need help with.

1. [](http://www.google.co.uk/url?url=http://commons.wikimedia.org/wiki/File:Exclamation-mark.svg&rct=j&frm=1&q=&esrc=s&sa=U&ei=UP0jVJuZJdLfaIPvgdAD&ved=0CDQQ9QEwDw&usg=AFQjCNGGtkeIHBe4NnZHeD0yDuHUf2dgjA)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

[](http://www.google.co.uk/url?url=http://wfc2.wiredforchange.com/o/8438/t/0/blastContent.jsp?email_blast_KEY=30799&rct=j&frm=1&q=&esrc=s&sa=U&ei=JJAuVPf-LuPj7Qb_4IDwDg&ved=0CBgQ9QEwAQ&usg=AFQjCNHsDpJVpqGijrNswzAJTTgXNyeM6g)My first visit to my next school

My first visit was on \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

The people who came with me were\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

The thing I liked best about my new school was\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

The name of a person I met was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

[](http://www.google.co.uk/url?url=http://findicons.com/icon/184646/camera&rct=j&frm=1&q=&esrc=s&sa=U&ei=8iUpVPjqF4znapKGgOAN&ved=0CDIQ9QEwDg&usg=AFQjCNEFNqI9thgBIWwpWfW25UDVwfMJxw)[](http://www.google.co.uk/url?url=http://www.clipartlord.com/category/school-clip-art/pencil-clip-art/page/2/&rct=j&frm=1&q=&esrc=s&sa=U&ei=ISYpVJLDCs3sapyAgfgH&ved=0CB4Q9QEwBA&usg=AFQjCNGnKo0gyvTzmpbxmJoAJadoRIb-vw)Some pictures of important places

and people in my new school:

My summer plan

Make a plan with an adult at home of things to do or talk about in the summer to get ready for your new school. Some things you will have to do or talk about in **July** and **August** are:

|  |  |
| --- | --- |
| Things to do or talk about | Date |
| Get a school bag |  |
| Buy a new uniform |  |
| Practise putting on uniform |  |
| Talk to an adult about how I will get to my new school |  |
| Pack my bag for the first day |  |
| Talk to an adult about lunch times |  |
|  |  |
|  |  |
|  |  |
|  |  |

[](http://www.google.co.uk/url?q=http://www.answers.com/topic/blue-ribbon&sa=U&ei=zWo9U4KKCK-A7QbW24HwCg&ved=0CDwQ9QEwBw&usg=AFQjCNGgPy_ZeiTfiR-GIXIgMaCXsgCrrA)Now I am ready for school, I can

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

A practice timetable

At your new school you will have a timetable. It might look like this:

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| 9:10 | Reg PS R8 | Reg PS R8 | Reg PS R8 | Reg PS R8 | Reg PS R8 |
| 9:15 | Eng LMcF M8 | Hist KH R14 | RE MS M4 | HE LH R25 | RE MS M4 |
| 9:50 | Eng LMcF M8 | Sci FC R25 | PSE GB M10 | HE LH R25 | Dr HR R32 |
| 10:25 | RE MS M4 | Sci FC R25 | Geog PT R19 | HE LH R25 | Dr HR R32 |
| 11:00 | B | R | **E** | A | K |
| 11:15 | Fr HG M6 | Eng LMcF M8 | PE CW Gym | Eng LMcF M8 | LLW LB R6 |
| 11:50 | Art JC S3 | Eng LMcF M8 | PE CW Gym | Hist KH R14 | Sci FC R25 |
| 12:25 | Art JC S3 | Mus PK M3 | PE CW Gym | Hist KH R14 | Sci FC R25 |
| 13:00 | L | U | N | C | H |
| 1:35 | Sci FC R25 | Fr HG M6 | Maths POK M2 | Maths POK M2 | Maths POK M2 |
| 2:10 | LLW LB R6 | Sci FC R25 | Maths POK M2 | ICT AW CS1 | Maths POK M2 |
| 2:45 | PSE GB M10 | Geog PT R19 | Fr HG M6 | ICT AW CS1 | Mus PK M3 |

Your timetable tells you what happens every day. It has the subject name, the teacher’s name, the room to go to and the time of each lesson.

Look at the timetable above, can you find;

What subject is first on Thursday \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

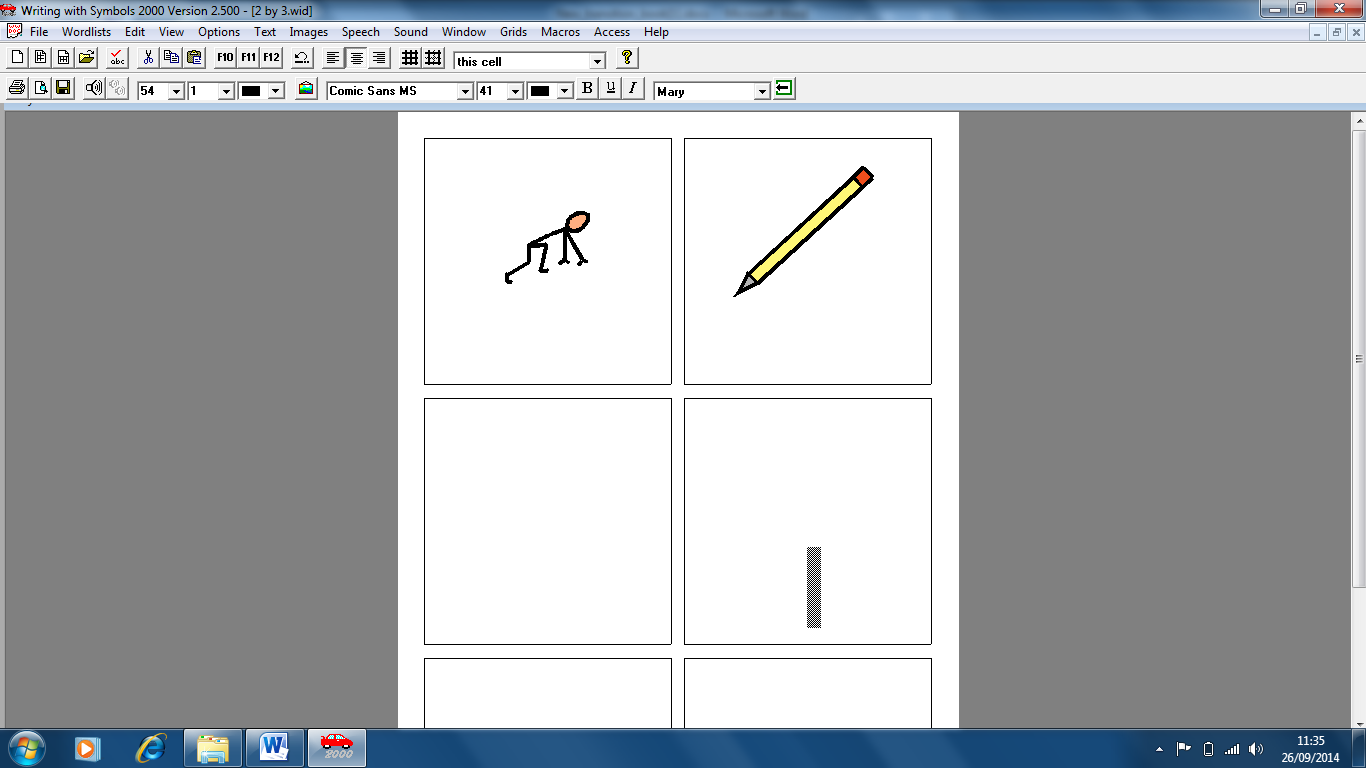
What time is lunch at \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What room Maths is in \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

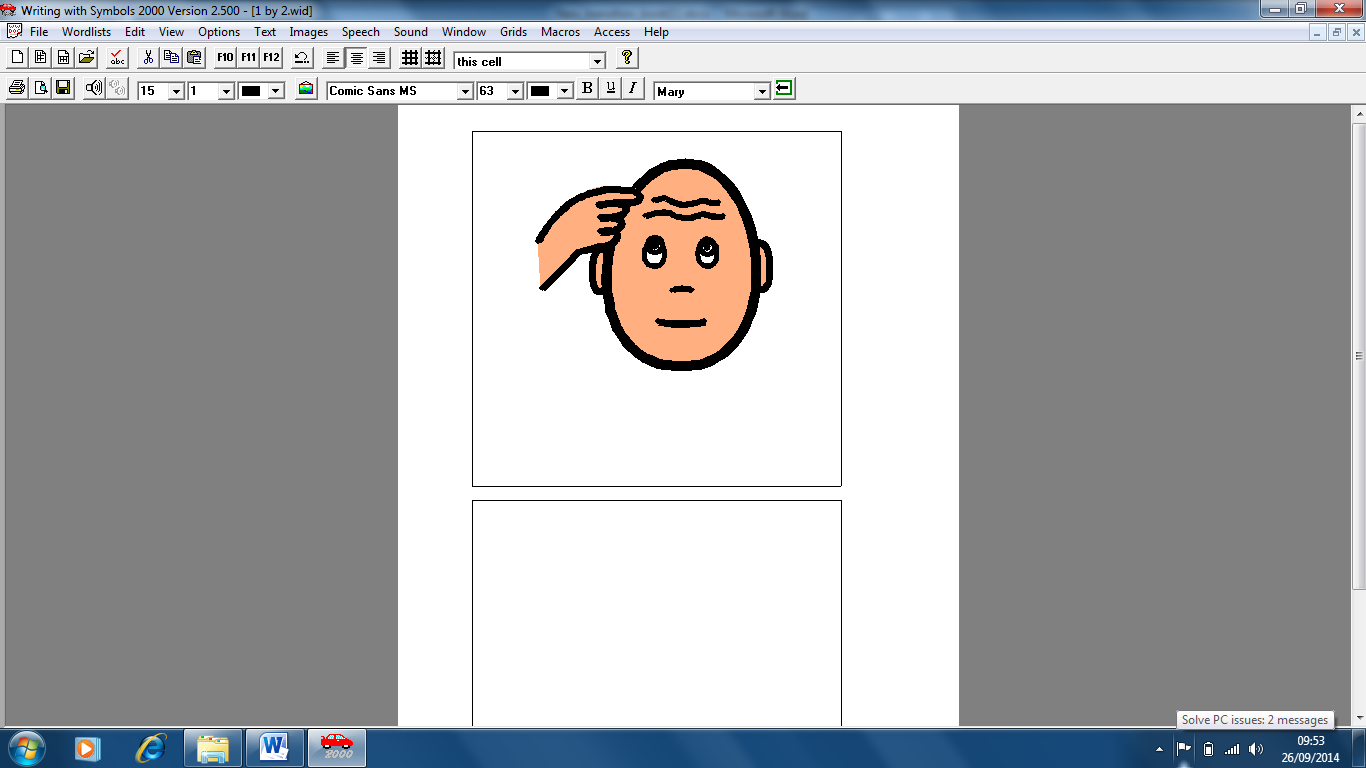
How often is English in the week \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What books have to be packed on a Tuesday night \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

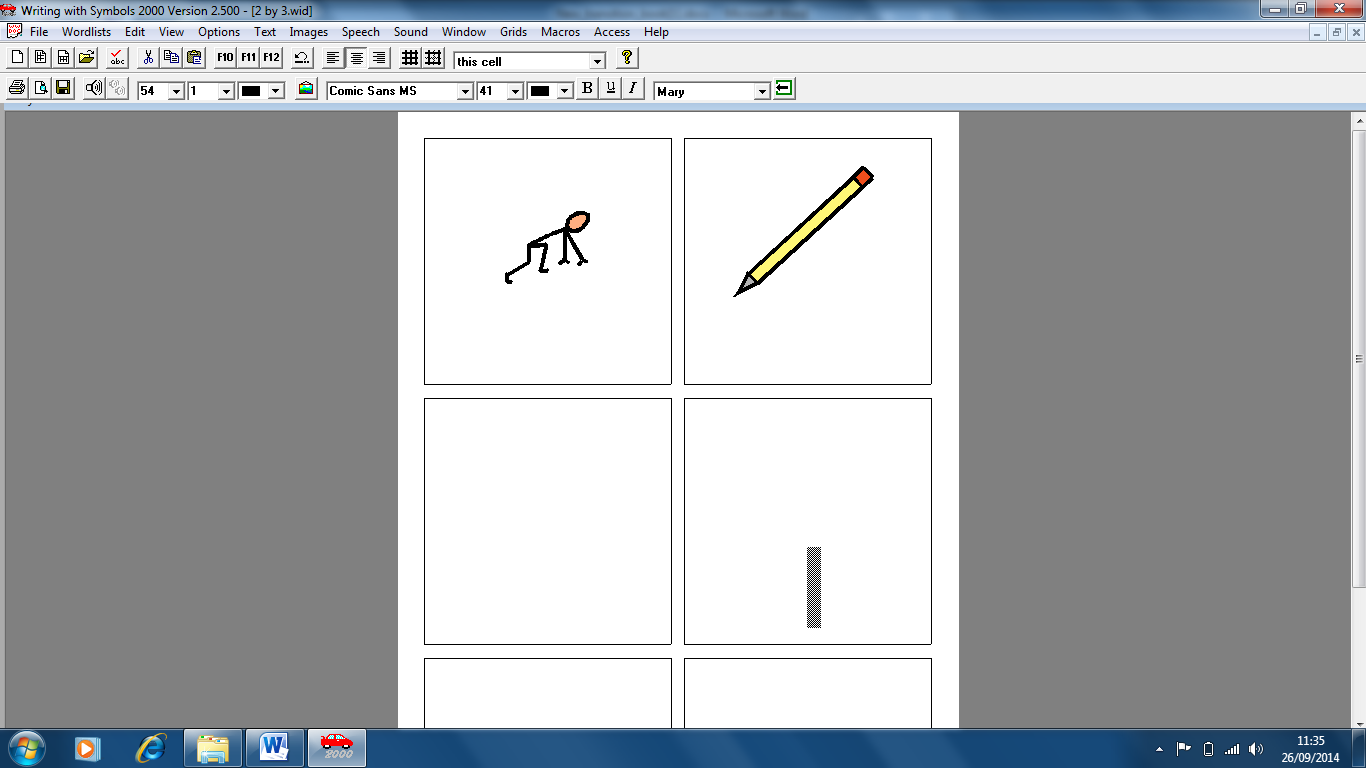
Staying the same

Think about what will stay the same when you move to your new school.

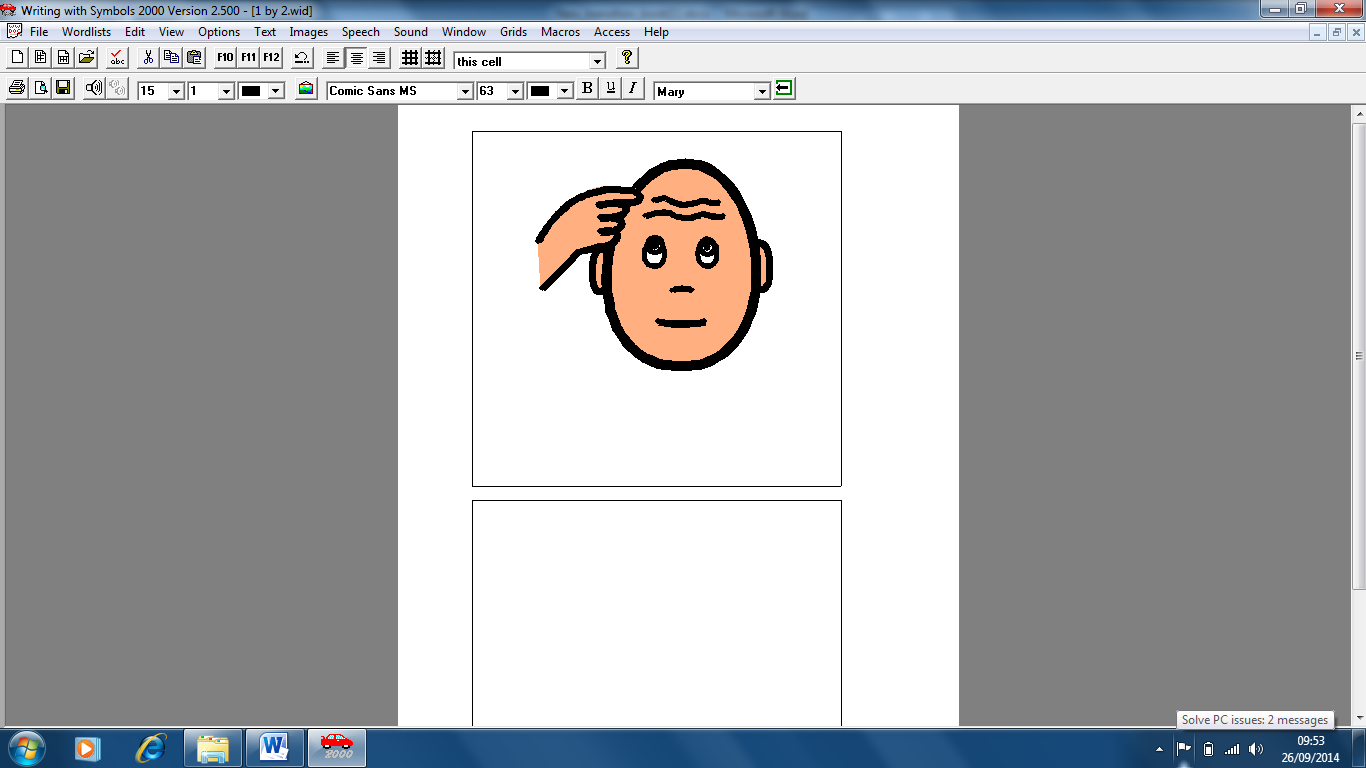
Write your thoughts in the bubbles.



Changing

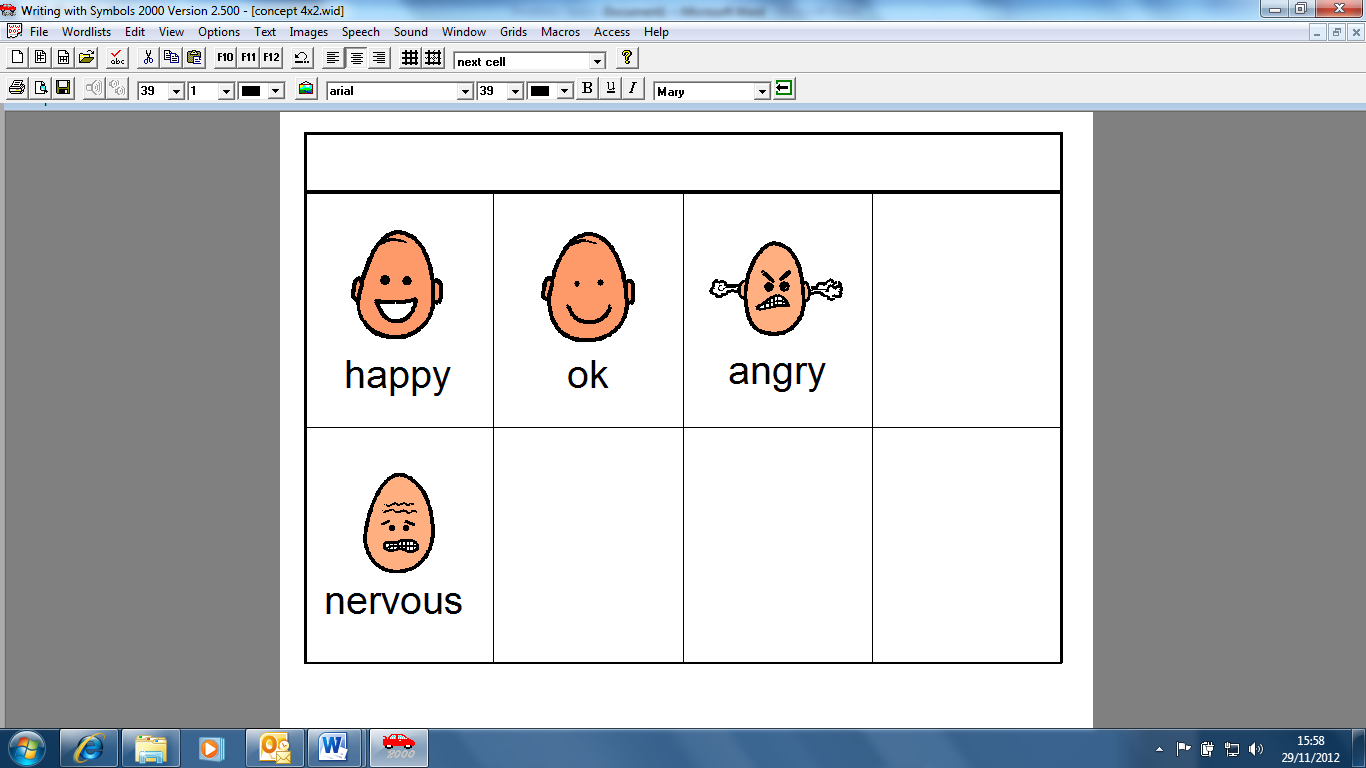
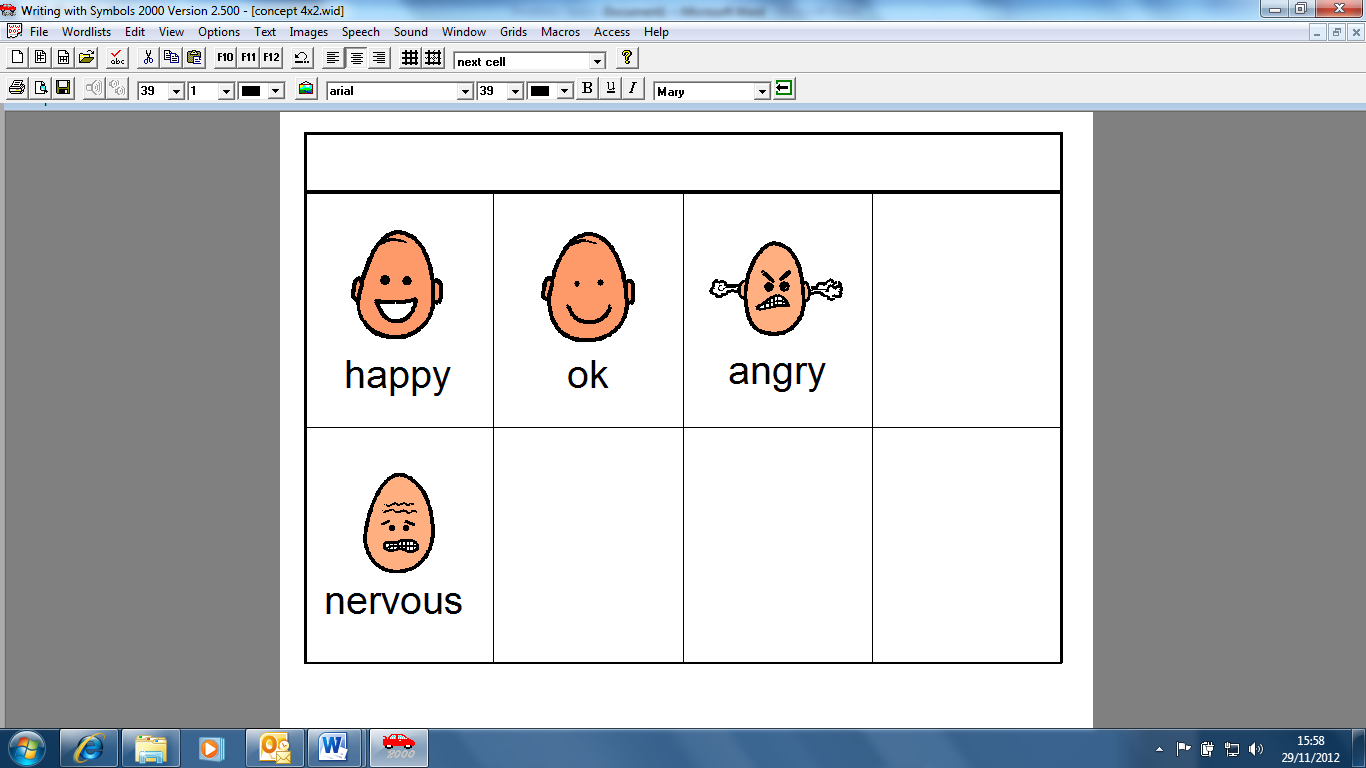
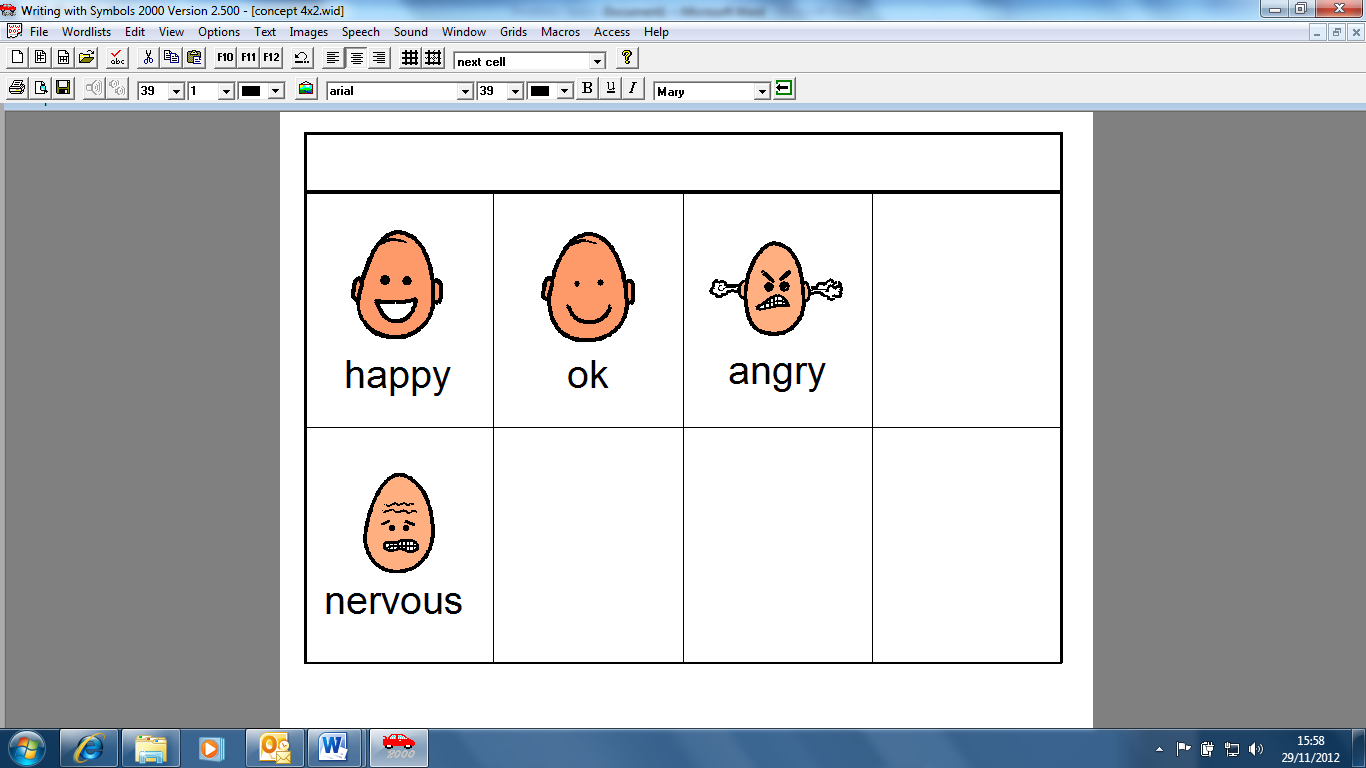
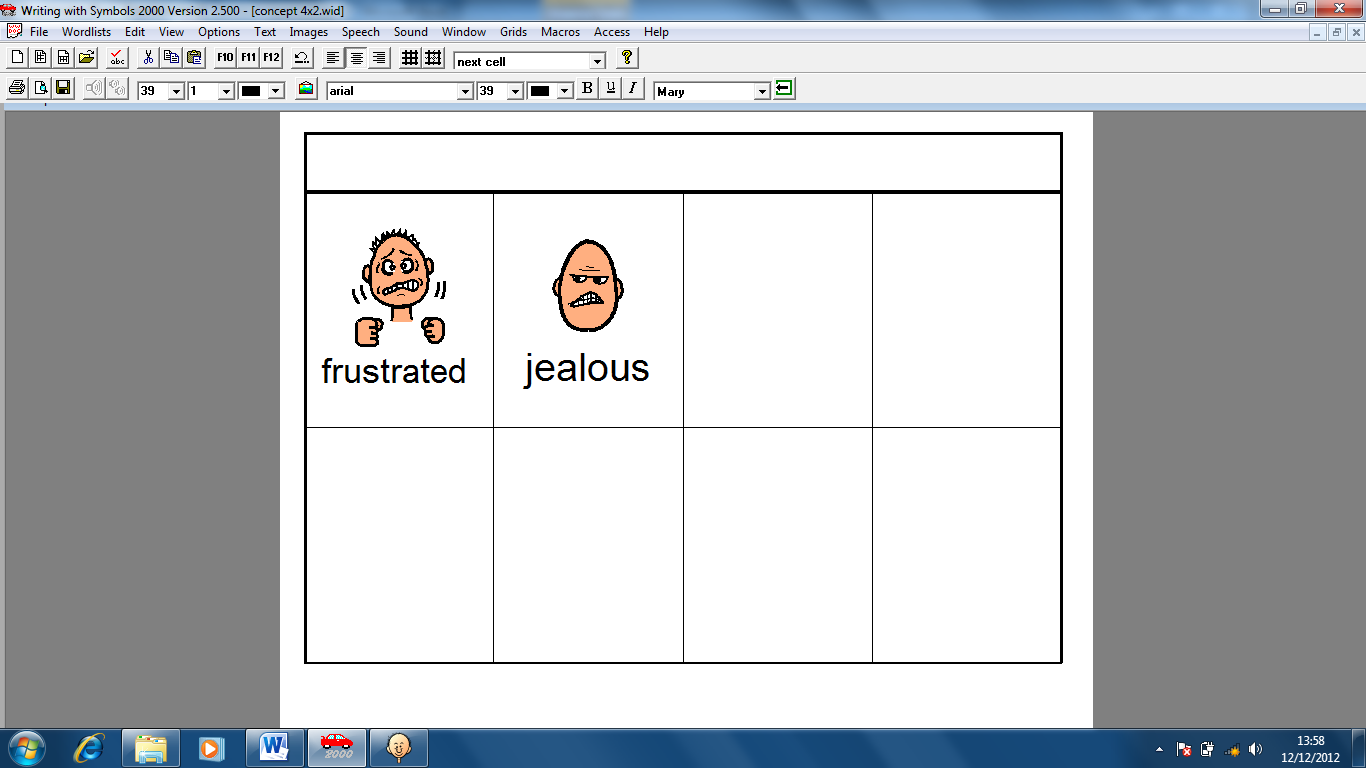
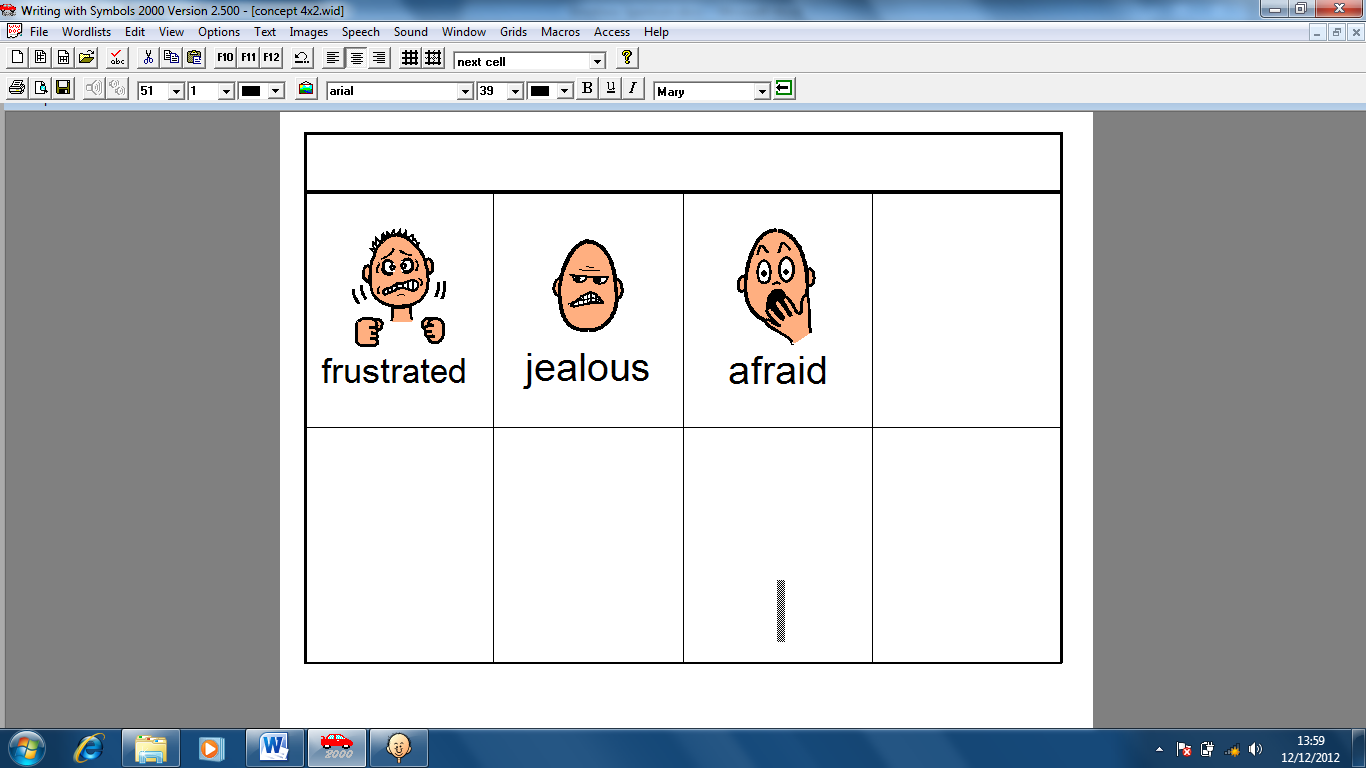
Think about things that will be different in your new school.

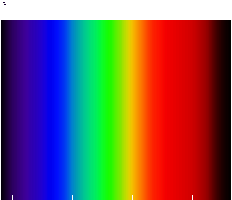
Write your thoughts in the bubbles.



Think about your new school

How do you feel?





Happy OK Nervous Anxious Scared

Which of these feelings to you have?

Talk to an adult about them.

**Calming Checklist**

* Head compressions
* Pushing hands together
* Pulling hands apart
* Chair push-ups
* Pushing against the wall
* Hand massage
* Count slowly to 10
* Count backwards from 10
* Deep breathing
* Listen to music
* Draw
* Sit in a quiet place
* Look at a book

Look at the calming checklist

What can you do to make

you feel calmer?

Homework

In your new school you will have lots of subjects and more homeworks.

[](http://www.google.co.uk/url?url=http://ayeimtellingya.blogspot.com/2013/01/classroom-diary-week-14-14-18-jan.html&rct=j&frm=1&q=&esrc=s&sa=U&ei=-SYpVPulHIveaMTfgtAE&ved=0CC4Q9QEwDA&usg=AFQjCNHhvTB8Cb0OkNXiVL8aSiiksSDbNw)To help you remember the homework you have, you will get a homework diary.

Can you answer the questions from this

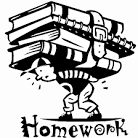
practice homework diary:

|  |  |
| --- | --- |
| Mon  History - The Vikings Q’s 1–4 | Thurs  French  Eng – read chapter 1 in novel |
| Tues  HE – Bring flour | Fri  Geog – label the map |
| Wed  Maths - Page 12 Q’s 1 – 6 |  |

* What homework is due on Monday?\_\_\_\_\_\_\_\_\_\_\_\_\_
* How many homeworks do you have to hand in on Thursday?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* What homework would you have to do on Thursday night?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* What do you have to do for your English homework?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Sometimes pupils have questions

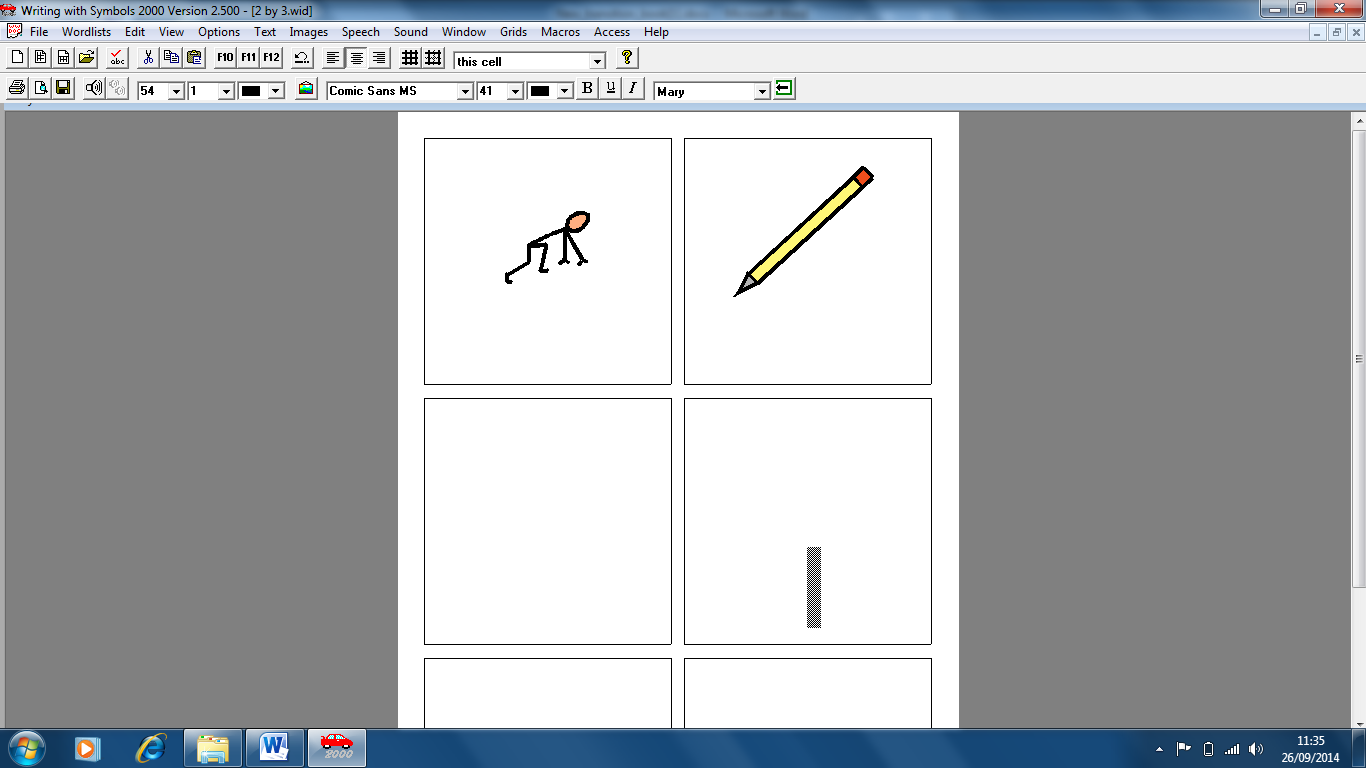
about homeworks.

[](http://www.google.co.uk/url?url=http://mredson.weebly.com/homework-information.html&rct=j&frm=1&q=&esrc=s&sa=U&ei=fSYpVMejONPiaPzegpAE&ved=0CDIQ9QEwDjgU&usg=AFQjCNFPvn3L4nHLrSWt-QZORnBWYOBPvg)

It is OK to ask a teacher these questions:

* What should I do if I forget my homework?
* What will I do if the homework is too difficult?
* What will I do if I don’t get all my homework copied down into my diary?
* [](http://www.google.co.uk/url?url=http://www.sonisite.com/HippoCampus---Homework-and-Study-Help---Free-help-with-&rct=j&frm=1&q=&esrc=s&sa=U&ei=mSYpVP68KIPjaM-AgfgN&ved=0CCIQ9QEwBg&usg=AFQjCNHO6VrhtBDHoJJHHjNyh8KRn056Ag)How long should I spend doing homework every night?

[](http://www.google.co.uk/url?url=http://drkblog.wordpress.com/2010/11/30/finishing-up/&rct=j&frm=1&q=&esrc=s&sa=U&ei=XJIqVNaYMuLW7Qbti4GoAQ&ved=0CDIQ9QEwDjgo&usg=AFQjCNEctZjqdW_Wh29XCPXT90I-ZADVWg)Rules

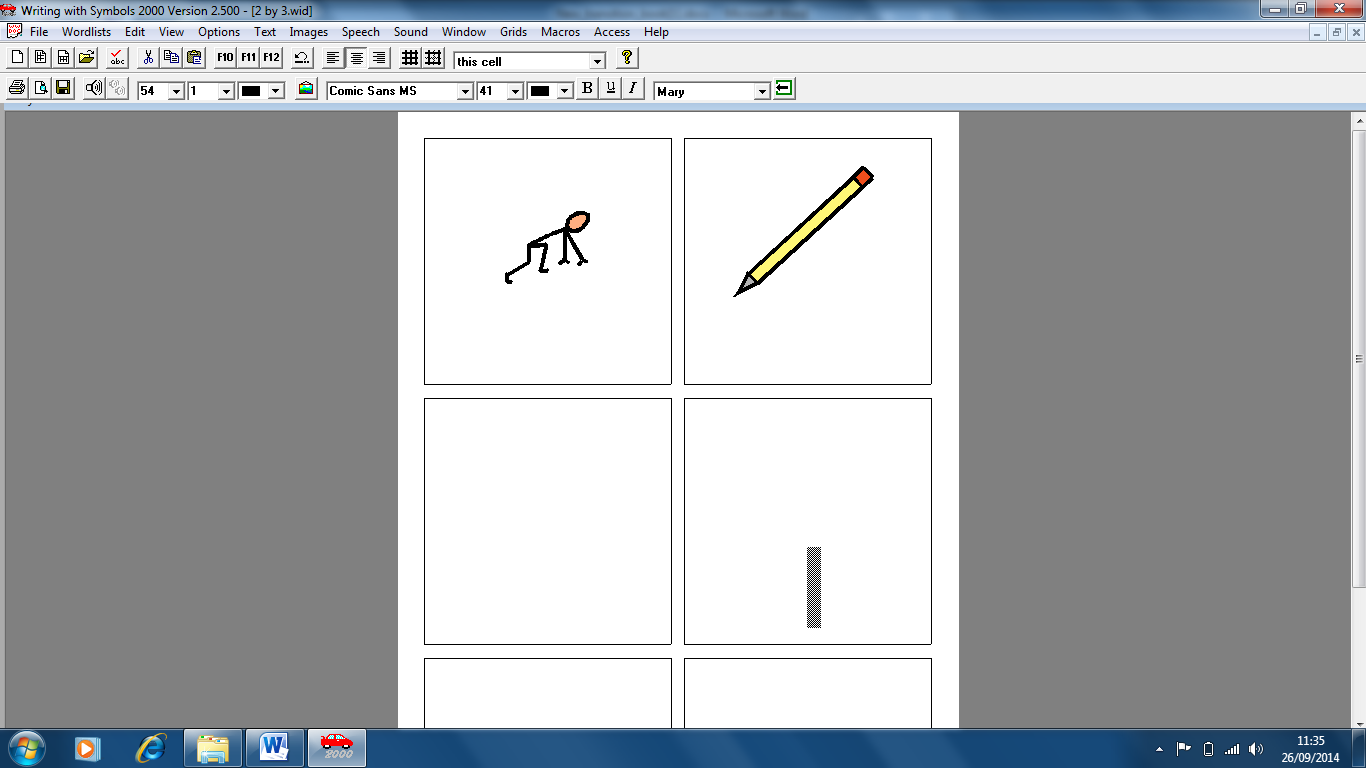
There are rules at your primary school.

Write down two of these rules:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

There will be new rules at your next school.

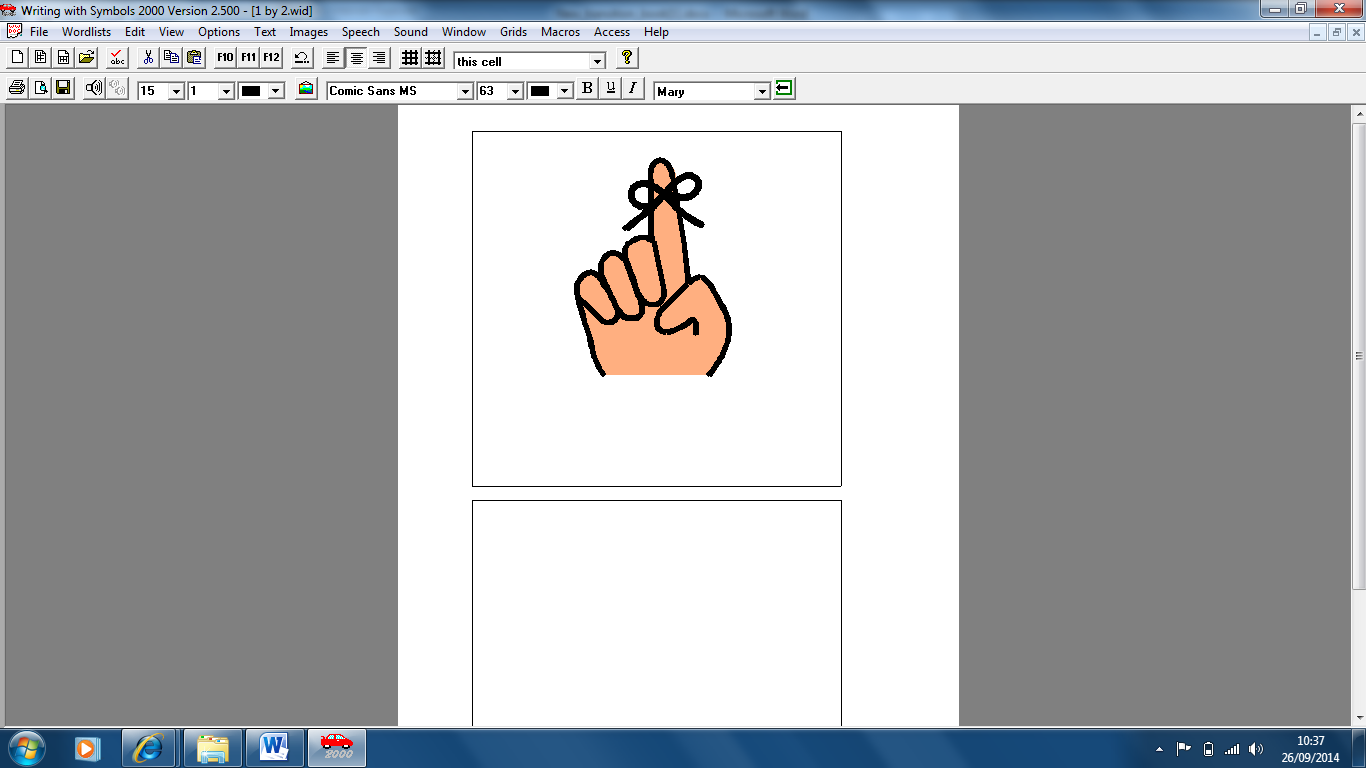
It is important to follow the rules.

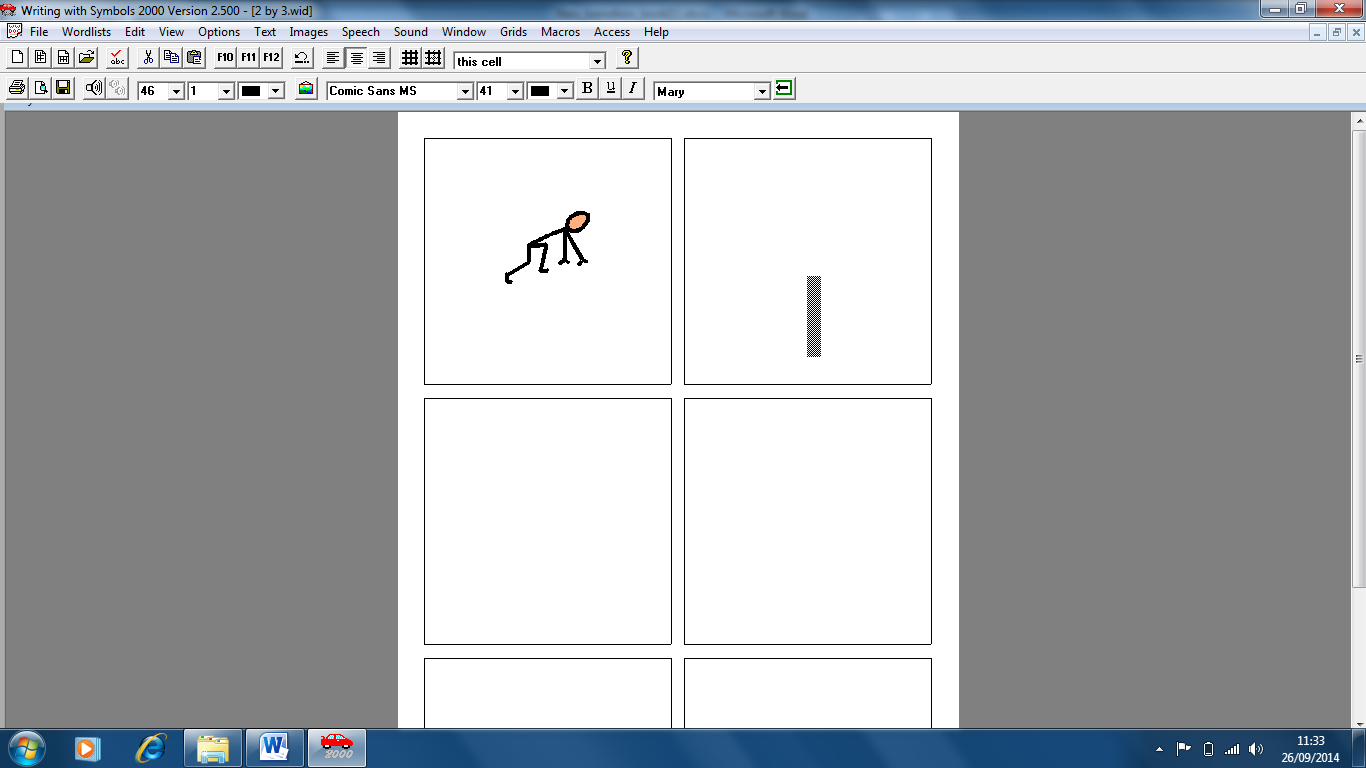
What might happen if you didn’t follow the rules at your new school?

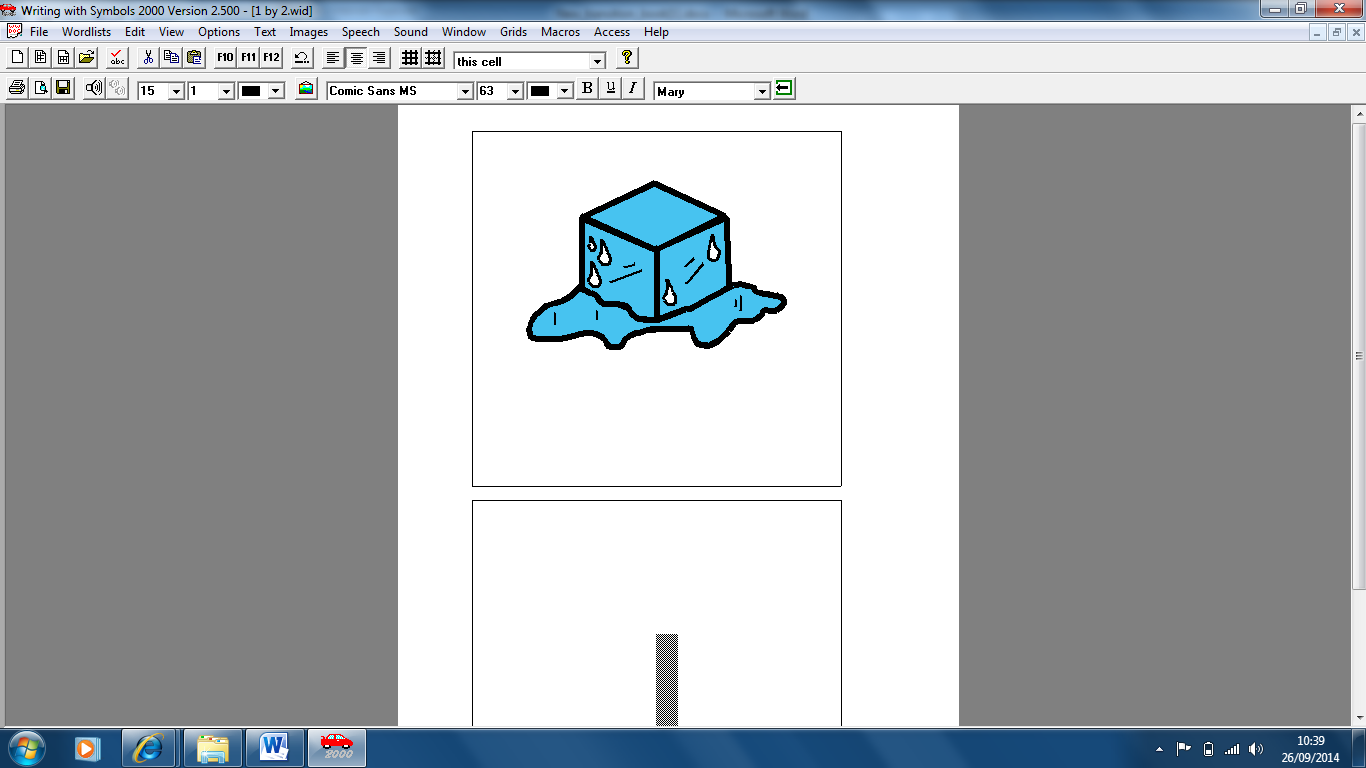
Write down one thing that might happen:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

This is called a consequence or punishment.

To make sure you don’t get punished

**REMEMBER:**

* [](http://www.google.co.uk/url?url=http://commons.wikimedia.org/wiki/File:Exclamation-mark.svg&rct=j&frm=1&q=&esrc=s&sa=U&ei=UP0jVJuZJdLfaIPvgdAD&ved=0CDQQ9QEwDw&usg=AFQjCNGGtkeIHBe4NnZHeD0yDuHUf2dgjA) Be ready to say sorry if you do something wrong.
* Ask for help if you don’t know what to do.
*  Keep your cool. Things get worse if you get angry.

[](http://www.google.co.uk/url?url=http://tribune.com.pk/story/399833/teens-favor-facetime-over-facebook-us-survey-finds/&rct=j&frm=1&q=&esrc=s&sa=U&ei=Cg8kVKKUPNTZaquWguAP&ved=0CC4Q9QEwDA&usg=AFQjCNEU8C50zIxZ3Bbj5oshzJ3OxM0OOQ)Making friends

As well as new teachers and new subjects you will be able to make new friends at your next school.

You might be looking forward to meeting new people or you might be a bit worried about it.

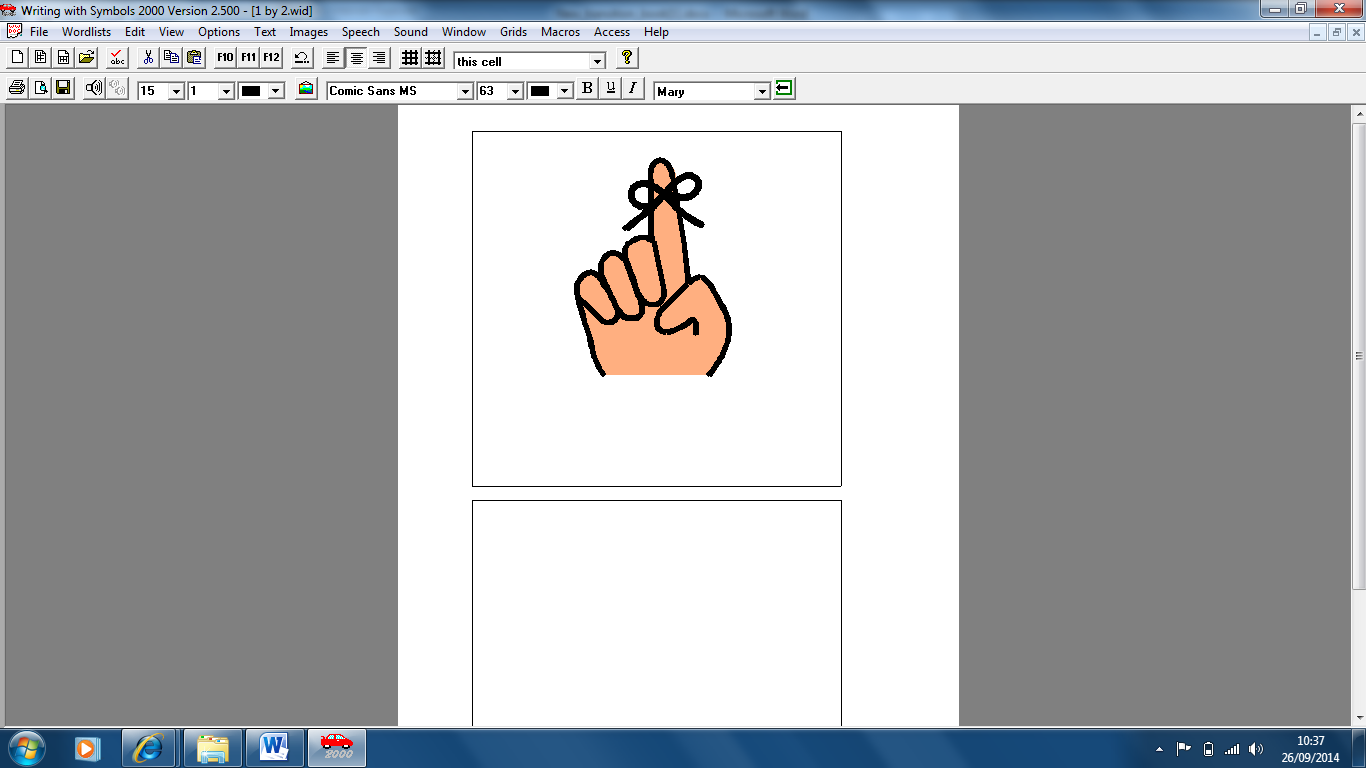
To make a new friend you can:

* Smile
* Tell them your name
* Ask them their name
* [](http://www.google.co.uk/url?url=http://freevectordownloadz.com/clip-art-vector/color-palette-clip-art-2/&rct=j&frm=1&q=&esrc=s&sa=U&ei=05wqVIKVG4fW7QbN74CYAQ&ved=0CB4Q9QEwBDgU&usg=AFQjCNHO70kK0JXu7yqWQQj1G1wB7CP2SQ)[](http://www.google.co.uk/url?url=http://www.waycooldogs.com/poisonous-foods-for-dogs-and-cats/&rct=j&frm=1&q=&esrc=s&sa=U&ei=qpsqVIToGcXd7ga_yIGwAg&ved=0CCwQ9QEwCw&usg=AFQjCNFwBbsB3iB4hAv3DXMJt0QcF6r6CQ)[](http://www.google.co.uk/url?url=http://anysnapshot.com/sports-vector-free-2/&rct=j&frm=1&q=&esrc=s&sa=U&ei=bpsqVOL_AfG07QbagIHwBQ&ved=0CBYQ9QEwAA&usg=AFQjCNHYeFvzhJ7bNakLDMC83JOj4w8kjw)[](http://www.google.co.uk/url?url=http://commons.wikimedia.org/wiki/File:Xbox-Duke-Controller.jpg&rct=j&frm=1&q=&esrc=s&sa=U&ei=vCcpVODoEc3OaN6qgIgC&ved=0CBoQ9QEwAg&usg=AFQjCNHUDKg1qHXQe2uNhcnnWhDp1MakpA)[](http://www.google.co.uk/url?url=http://www.infotek3000.com/explore/index.htm&rct=j&frm=1&q=&esrc=s&sa=U&ei=1psqVOf4B4eE7gaIloGgBA&ved=0CDwQ9QEwEw&usg=AFQjCNGYb9KSrBEM2G4fA-hsJ9JQTFDeAQ)[](http://www.google.co.uk/url?url=http://alxandra1.wordpress.com/category/uncategorized/&rct=j&frm=1&q=&esrc=s&sa=U&ei=XpwqVNLnJIbd7Qa8nIDwBA&ved=0CDYQ9QEwEA&usg=AFQjCNFQUoF7mLGfw6vEAjdrd1AOwEtLwg)Tell them what you like to do
* Ask them what they like to do

Practise this now with someone in your

primary school

Some things to remember to make

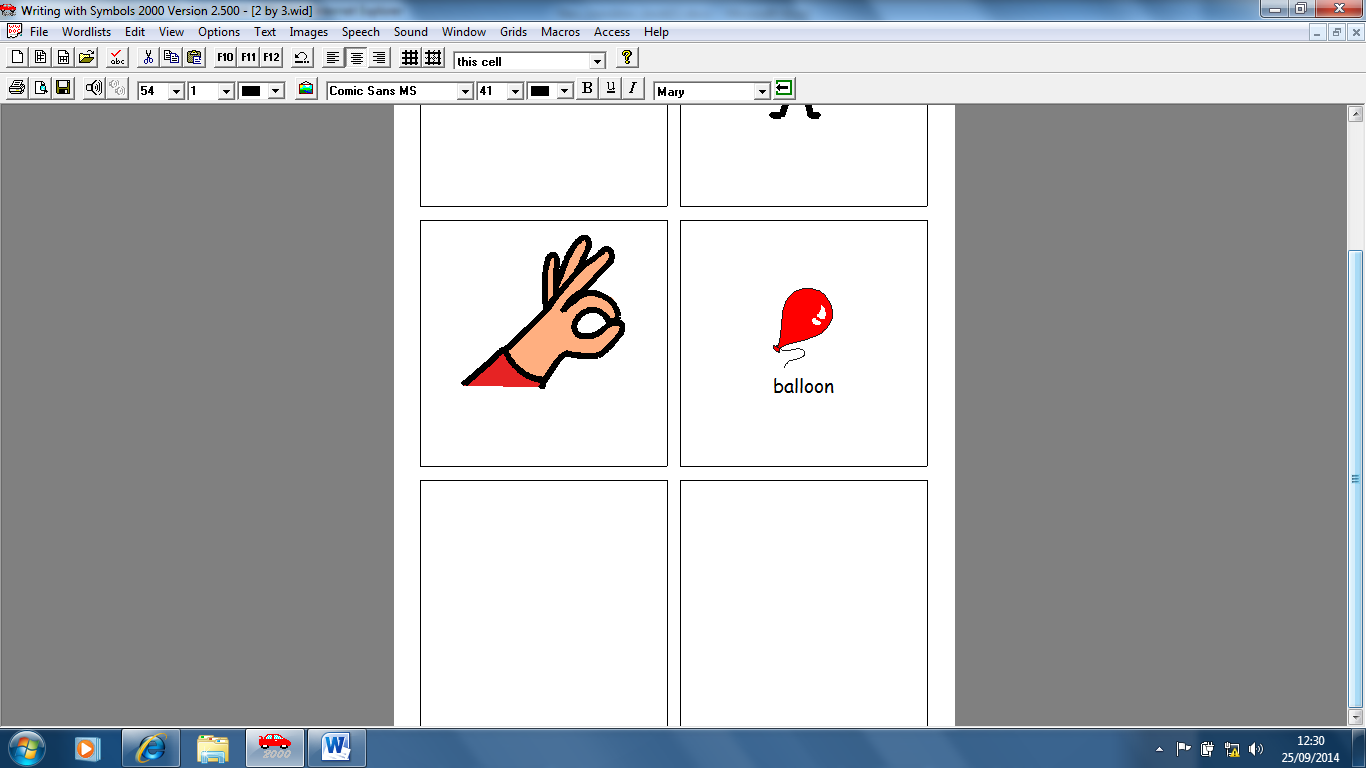
[](http://www.google.co.uk/url?url=http://linked2leadership.com/2011/09/21/unwritten-rules-career-success/&rct=j&frm=1&q=&esrc=s&sa=U&ei=D54qVIqnAuOE7gaZz4HwDQ&ved=0CB4Q9QEwBA&usg=AFQjCNG9fmFkkAAwFb3BvvC-QZJ-W0S1EA)sure I have a really good time in

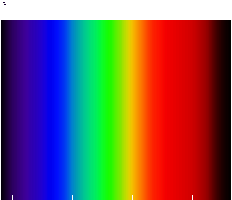
my new school:

* Look at my timetable
* Be organised – use my diary
* Be friendly
* Join some clubs
* Listen to staff
* Ask for help when I need it
* Get homework done and hand it in on the right day
* Stick at things even when they’re difficult

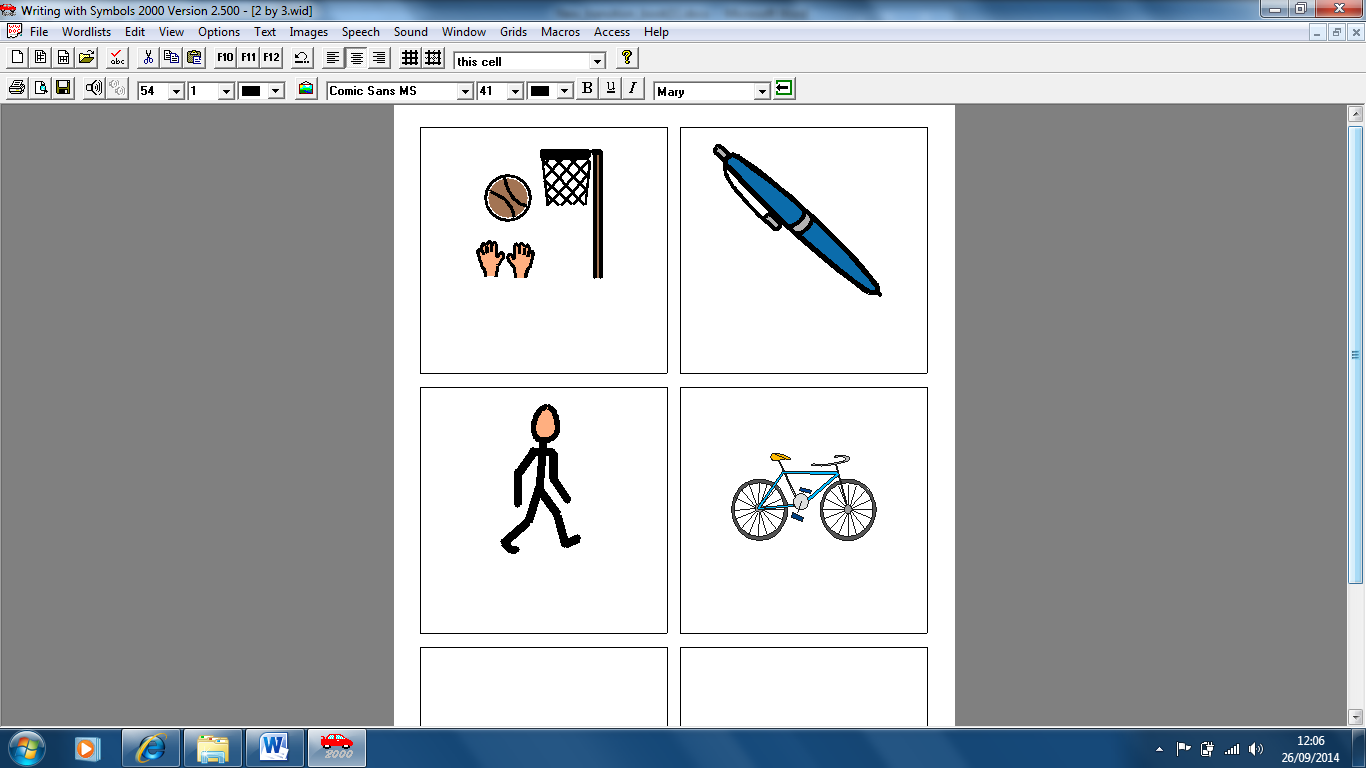
**Add your ideas for 3 more**

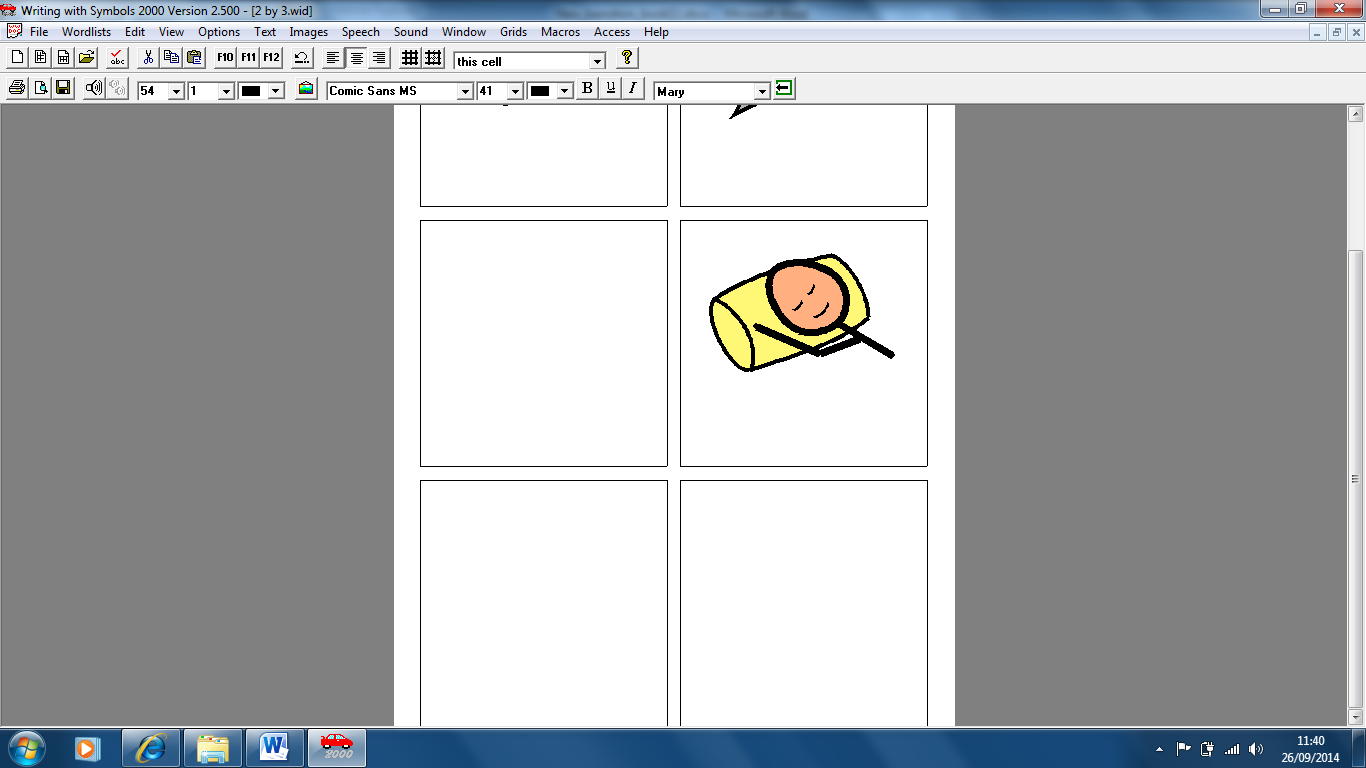
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Top Tips

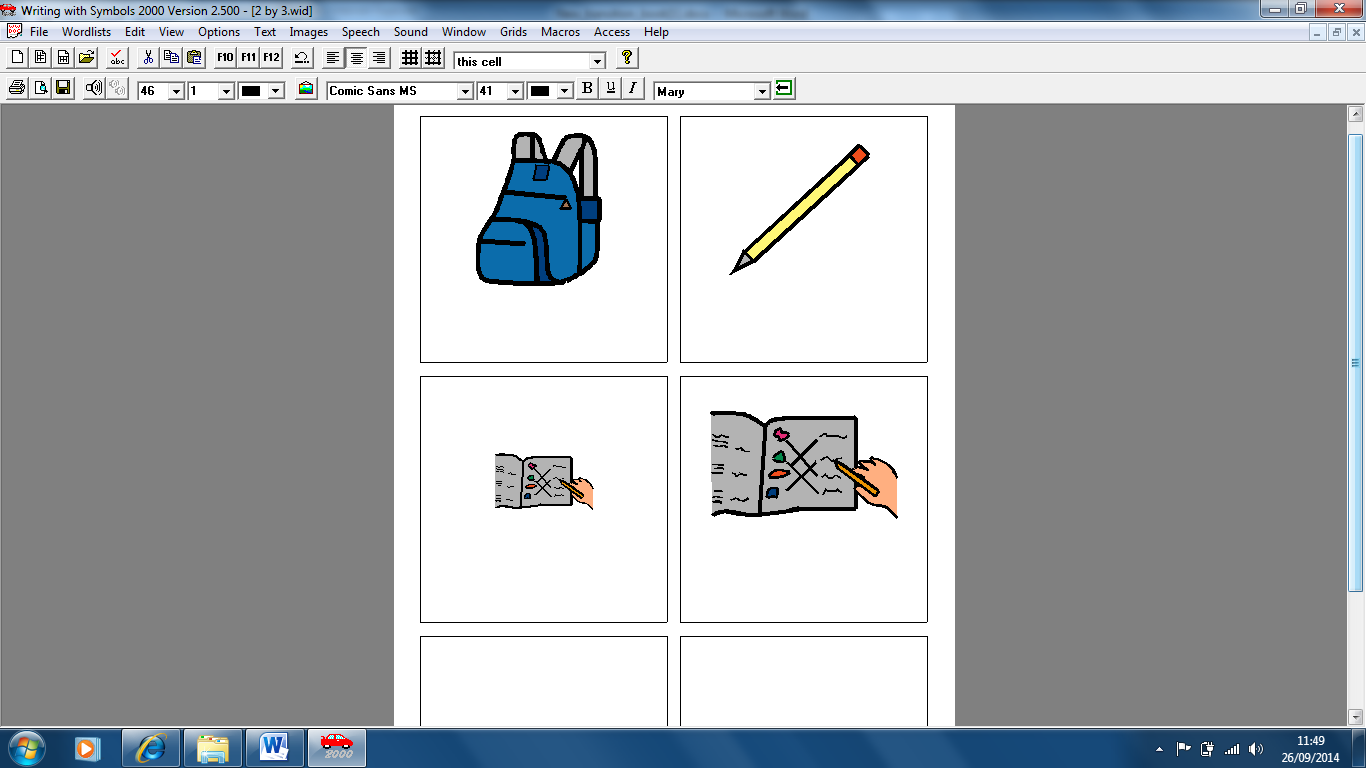
* It’s OK to ask for help.
* Lots of other pupils starting your new school will feel the same as you.

[](http://www.google.co.uk/url?url=http://ayeimtellingya.blogspot.com/2013/01/classroom-diary-week-14-14-18-jan.html&rct=j&frm=1&q=&esrc=s&sa=U&ei=-SYpVPulHIveaMTfgtAE&ved=0CC4Q9QEwDA&usg=AFQjCNHhvTB8Cb0OkNXiVL8aSiiksSDbNw)

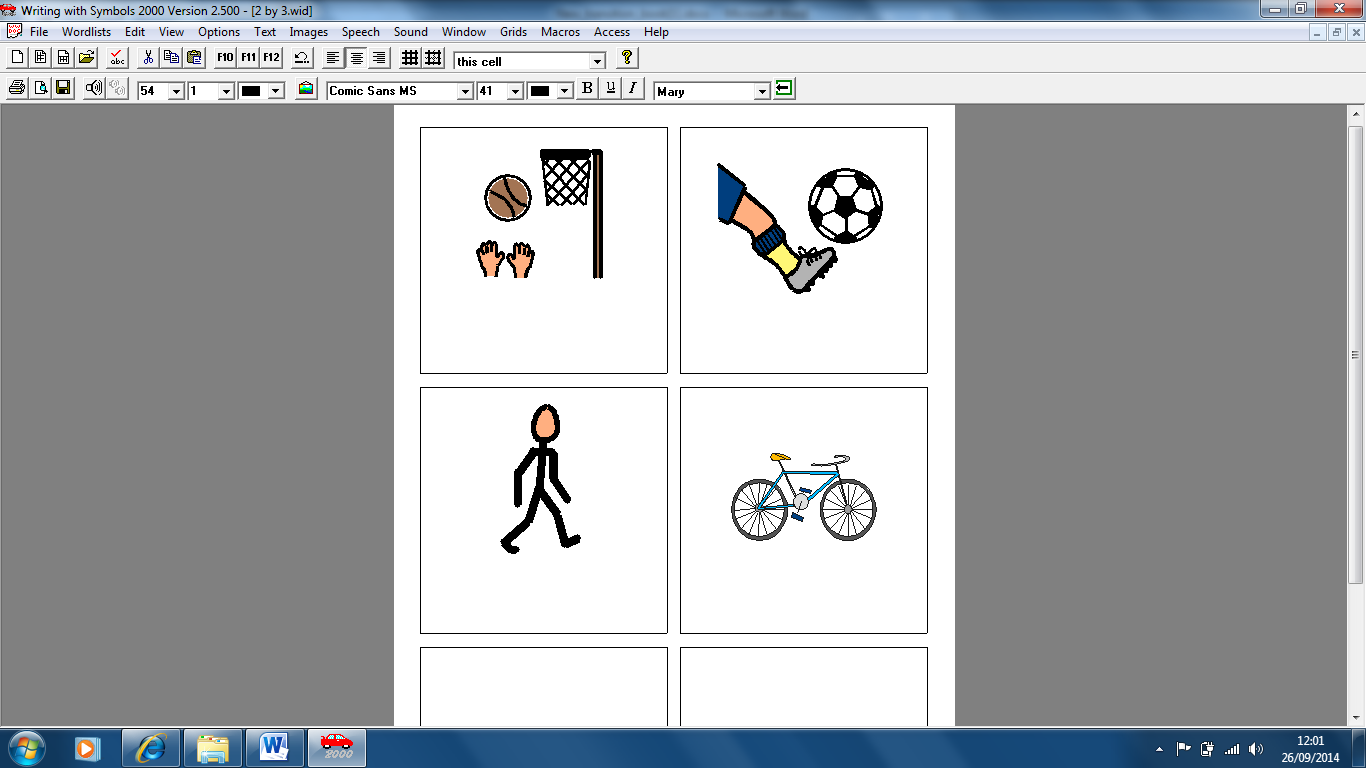
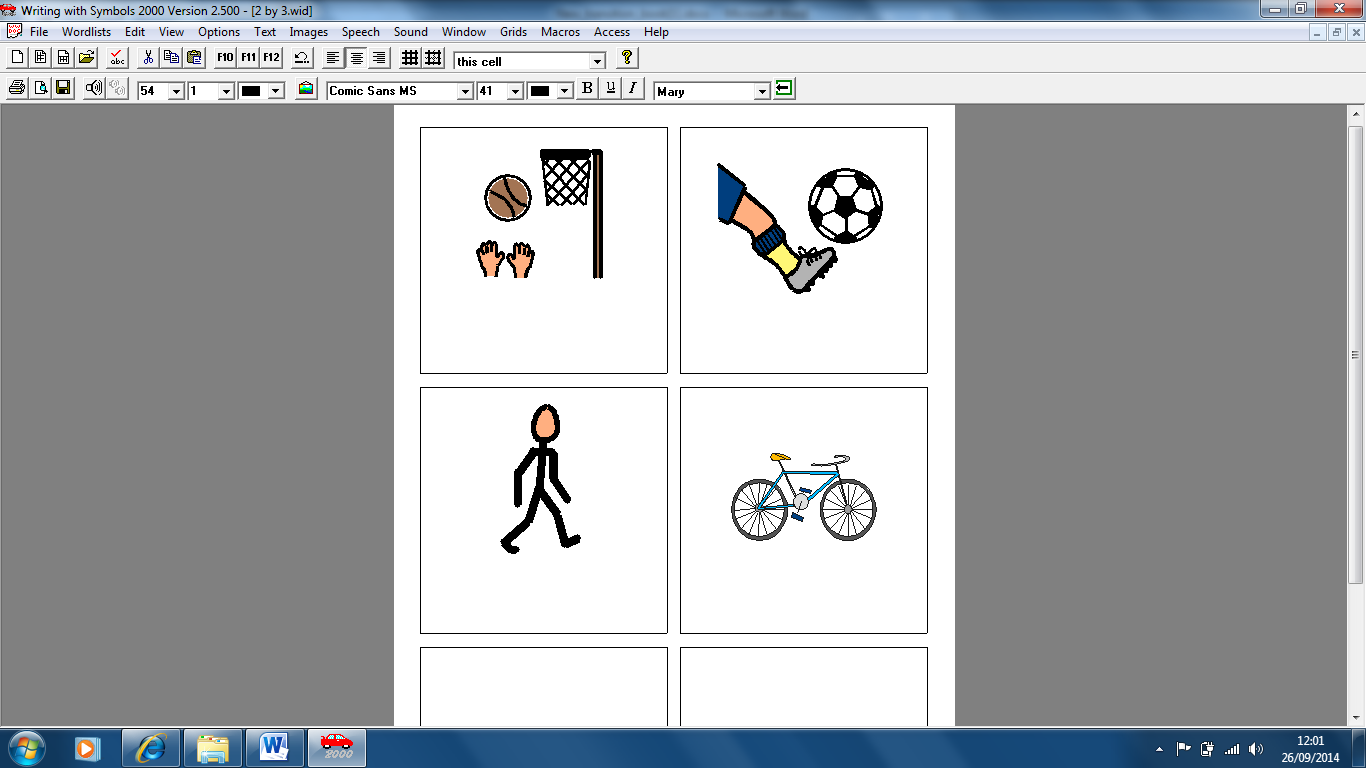
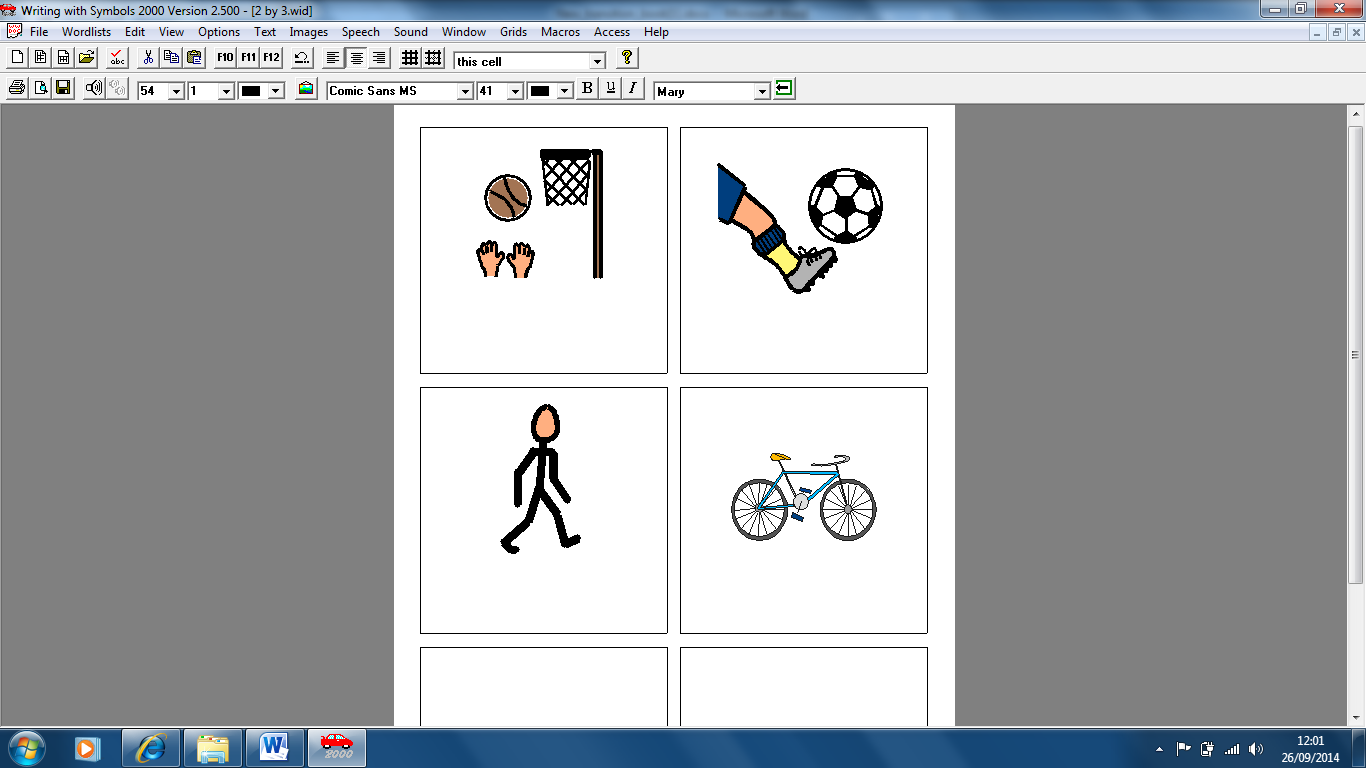
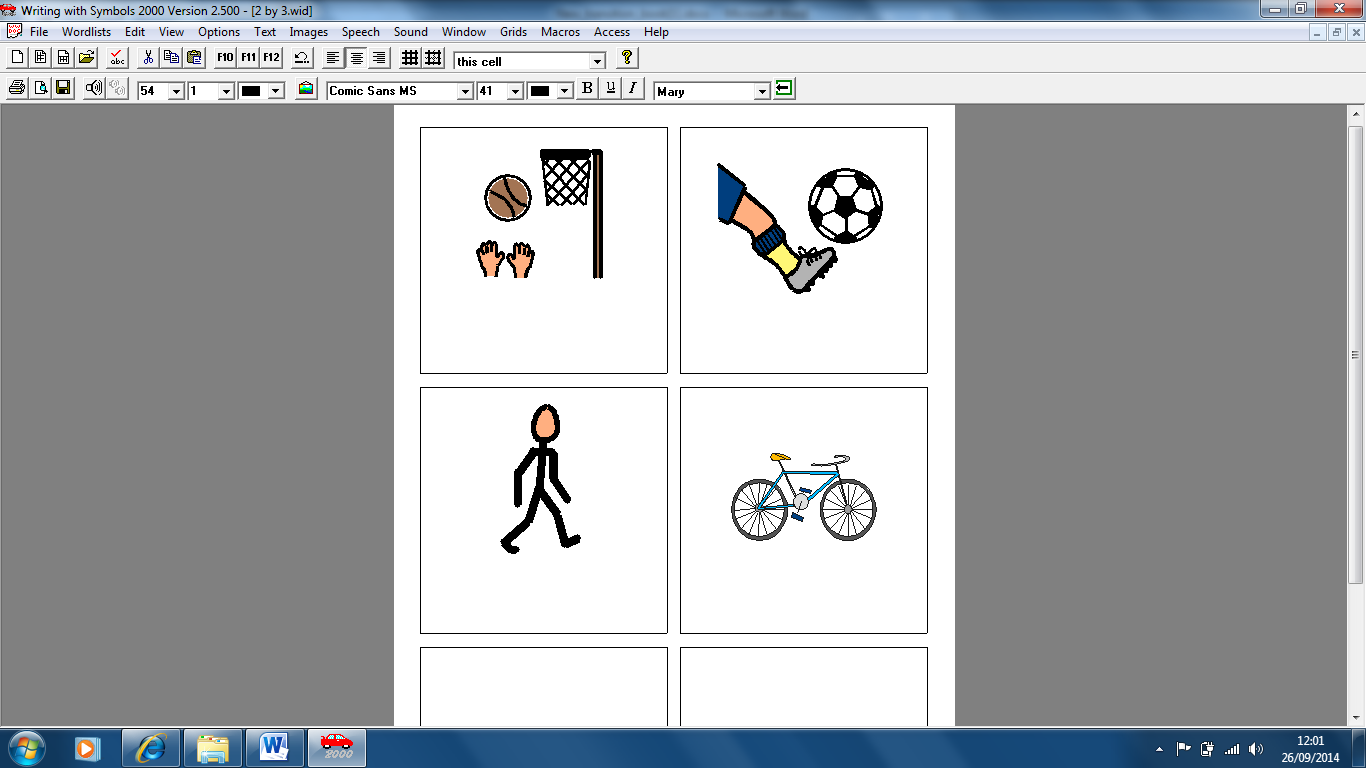
* Check your homework diary every day.
* Make sure you copy down your homework carefully into your diary.



* Make sure you get enough sleep every night.
* [](http://www.google.co.uk/url?url=http://commons.wikimedia.org/wiki/File:Xbox-Duke-Controller.jpg&rct=j&frm=1&q=&esrc=s&sa=U&ei=vCcpVODoEc3OaN6qgIgC&ved=0CBoQ9QEwAg&usg=AFQjCNHUDKg1qHXQe2uNhcnnWhDp1MakpA)[](http://www.google.co.uk/url?url=http://ictd.si.umich.edu/mobiles-as-assistive-technology/&rct=j&frm=1&q=&esrc=s&sa=U&ei=CSgpVOa3FMzmavrAgZAC&ved=0CBwQ9QEwAw&usg=AFQjCNH6UHC1fVNB3MvDdAkAnl-AltM4tg)[](http://www.google.co.uk/url?url=http://vectors8.com/blank-tv-screen/&rct=j&frm=1&q=&esrc=s&sa=U&ei=7ycpVPCEI4nhaqf9gNAC&ved=0CDoQ9QEwEg&usg=AFQjCNFieBS9_uGj1wigpm3Y5Chy1yBghg)[](http://www.google.co.uk/url?url=http://commons.wikimedia.org/wiki/File:Wii_console.png&rct=j&frm=1&q=&esrc=s&sa=U&ei=2ScpVJixG5XnavTKgNAJ&ved=0CCAQ9QEwBQ&usg=AFQjCNGsfHsdkcjaSDCrF_l-LGE-mIZrCQ)Have a break from all screens before bedtime.



* Organise your school bag the night before.
* Have lots of fresh air and exercise.



* Have fun!

Wishing you a successful start

[](http://www.google.co.uk/url?url=http://fvincent.wikispaces.com/Homework&rct=j&frm=1&q=&esrc=s&sa=U&ei=hGMyVNzILM6f7gaZh4CwBg&ved=0CDAQ9QEwDTjoAg&usg=AFQjCNG5jCJKObA69orw7l4XHUmt11Wx8g)in your new school!